

**District 34
Meeting Minutes
January 13, 2026
Apex Masonic Lodge
408 E Williams Street
Apex, NC 27539**

Members Present

DCM	Paul Sovany
Alt. DCM	Chris Shay
Registrar	Kristi Spencer
Treasurer	Mark Rockett
Secretary	Marsha Kazal
Web Master	Liz Hogg
Intergroup Liaison	Joe Drauss

Group GSRs:

Apex	Mary Ann GSR Mickey W Alt GSR	Last Call	
Arch to Freedom		Let Go, Let God	Doug C GSR Gary C Alt GSR
Basics for Beginners	Thomas GSR Donna C Alt GSR	Living Now	Samara GSR
Be Still Morning Meditation		Log Cabin	Ed Schafer GSR
Cary Twelve Step	Janet C GSR	Maynard Road Group	Gary McGinley GSR
Cary Young People		Morning Meditation Group	Monica M GSR Mark R District 34 TR
Change Agents		New Freedom Group	
Design for Living		One Chapter at a Time	Eileen Patrick GSR
Early Birds	Kris G GSR	One Day at a Time	
Experience, Strength, and Hope		One More Chapter at a Time	
First One Hundred and Sixty-Four		One Noon at a Time	Lyn Conlan GSR
Fuquay-Varina	Justin H Alt GSR	Principles In Action	Fire E GSR
G2	Julie M GSR Zany B Alt GSR	Promises of a New Beginning	
Garner Big Book	Romy M GSR	Sunday Morning Spirituality Group	

Gateway Group	Nancy B GSR	There is a Solution	
Green Level		West Cary Noon	
Greenwood Forest		Willow Springs	Debbie Cloud GSR Jim Brennan Alt GSR
Holly Springs		Women's Path to Serenity	Bess B GSR
Keep It Simple		Women's Steps to Serenity	
Lakeside	Jeff H GSR	Sunday Morning Spiritual Meeting	
Recovery at Noon	George H GSR	Path to Serenity	
Prodigious Results		Made a Beginning	
Legacy	Joe D GSR Josh R Alt GSR	Children of Chaos	Julie C GSR
TRICYPPAA Liaison	Brooks D	Sobriety at Noon	

Call to Order

- 7:30pm – Paul opened the meeting with the Serenity Prayer.
- The Basket was passed

Readings

- Long Form of Tradition 1 – Read by Debbie
- District Purpose – Read by George
- Joke by Jenna
- Concept 1 – Read by Chris

Concept 1 - “The final responsibility and the ultimate authority for AA World Services should always reside in the collective conscience of our whole fellowship.”

Joke -

- February - Concept 2 and a joke - Janet

Introductions

We went around the room and introduced ourselves.

New GSR's and Alt. GSR's, please provide Kristi (District 34 Registrar) your contact and group information.

- Fire- GSR- Principles in Action
- Ed- GSR-Log Cabin
- Jim- ALT- Willow Springs
- Debbie- GSR- Willow Springs

A.A. Anniversaries

- Julie - 7 years
- Brooks - 24 years

Anniversary Envelopes are available from Intergroup or can be ordered from A.A.org.

Registrar Report - Kristi

- New GSR's and ALT's see Kristi
- Please make sure to let Kristi know if your information has changed, e.g., address change, name change, phone number change, group change, etc., so records can be updated.
- You can make your own updates to the master list on Google Drive, but please inform Kristi! The information will also be shared with the Area 51 Registrar.
- If you are a new group, please have your GSR go to Kristi to update the systems with your information. The information will be sent over to the Area 51 Registrar.
- When providing Kristi with updates, your information will be shared with Area 51, District 34, but NOT with Intergroup.
- You can also make changes on the Intergroup website, but those changes will not be visible to Area 51 and District 34.

Secretary Report - Liz

- If you are not receiving emails, please let us know ASAP!
- January District 34 Meeting Minutes distributed via email.
- Motion to accept December minutes
 - Moved: Marsha
 - Second: Lynn
 - Motion Passed unanimously

Treasurer Report - Chris

- Review and approve the December Treasurer Report
 - Moved: Janet
 - Second: Joe

The motion passed unanimously.

Intergroup Liaison Report - Joe D

- The Intergroup introduced the outgoing and incoming officers
- The annual Intergroup budget is to be voted on in the January 29th meeting. Joe D. handed out the proposed 2026 Budget Spreadsheet to take back to the groups for their perusal. **Action item:** Joe will email the budget to the Secretary for distribution to the GSR's.

Webmaster Report - Liz

- If you have flyers you can email them to Liz at d34web@gmail.com
- Please continue to send Liz (District 34 Webmaster) flyers and news about your groups, e.g., anniversary parties, unique events, etc., so it can be posted on the District website. If you have flyers you can also post them on the Website
<https://District34area51.live-website.com/>

Alt DCM Report - Chris

- GSR Orientation: It is recommended to attend the GSR school if you are a new GSR or Alt GSR to become familiar with your job and to ask any questions. Please call Chris S. (412)605-9782 to set up a convenient time and date.
- The next GSR scheduled school is January 22 at 7pm.

DCM Report - Paul

- Spring Into Action Conference - Sanford, NC on Saturday February 7, 2026
- Area 51 Winter Committee Meeting - Durham NC on March 7th-8th
- Freedom From Bondage - Aberdeen NC on March 20th-22nd 2026
- Eastern Pre-Conference - Morehead City NC on Saturday April 11, 2026
- Area 51 Spring Committee Meeting and Assembly - Lake Junaluska NC on May 15th-17th 2026
- Area 51 Summer Committee Meeting - Blowing Rock NC on August 22nd-23rd 2026
- Southeast Regional Forum - Raleigh NC on September 18th-20th 2026
- Area 51 Fall Committee Meeting and Election Assembly - Raleigh NC on November 6th-8th 2026
- A question was asked about a shared District calendar. It was noted that **Area 51** maintains a helpful events calendar.

Action item for Paul: Send the Area 51 calendar link to all GSRs and add it to the District site. Owner (suggested): Marsha (Secretary)

Old Business

- Alcothon feedback - There was good feedback and discussion on the Alcothon meetings
 - Christmas Eve/Day had a good amount of food; New Year's Eve/Day had minimal food.
 - Consider supplying food for historically low-contribution meeting blocks.
 - Some regular meetings may not have received clear communication about expectations.
 - An **Al-Anon** meeting at **TAC** was displaced—ensure AA events respect ongoing meetings in shared spaces.
 - Question whether **\$25** is sufficient for providing a meal; sweets were abundant relative to other foods.

Action item for Budget Committee and Treasurer - Evaluate the food budget, including sufficiency of the **\$25** guideline if groups will be asked to provide food

- 2026 Budget Planning Committee

The committee met twice and looked at this year's numbers. The questions arose as to why the scholarships funds have gone unused and that maybe it is because groups are unaware of its availability.

GSR ACTION ITEM as a result of the following discussion:

A handout was provided describing the D34 Surplus Policy. GSRs: please discuss with your groups and get their feedback on whether the policy should be changed in any way given the current budget surplus. Please provide group feedback prior to the February meeting.

New Business -

History Fact

- January History Fact – Ran out of time
- History Fact- February - Marsha

Home Group Announcements

- NA

End of the Meeting

- Adjourned at 9:00 pm
- Closed the meeting with the A.A. Responsibility Pledge

Next District meeting is February 10, 2026, at 7:30pm Apex Masonic Lodge

Helpful Mailing Addresses, Websites and Area 51 Events

Emails

DCM	d34dcm@gmail.com
Alt-DCM	d34dcma@gmail.com
Treasurer	d34treasurer@gmail.com
Secretary	d34secretary@gmail.com
Intergroup	d34intergroup@gmail.com
Registrar	d34registrar@gmail.com
Webmaster	d34web@gmail.com

Websites

<http://www.raleighaa.com/District.php>

<http://www.d34a51.com>

<http://aanorthcarolina.org>

User: 34

Password: notglumlot

Mailing Addresses/emails

Area 51 Treasurer

NCGSC
PO Box 17271
Raleigh, NC 27619
treasurer@aanorthcarolina.org

Area 51 Registrar

NCGSC - Registrar
P.O. Box 48004
Charlotte, NC 28269-9598
registrar@aanorthcarolina.org

Area 51 Archivist

Archivist
PO Box 1252
Morrisville NC, 27560
archivist@aanorthcarolina.org

Area 51 Chair

chair@aanorthcarolina.org

GSO A.A. World Services, Inc.
PO Box 459
Grand Central Station
New York, NY 10163

<https://www.aa.org/>

D34 Contributions

PO Box 271
Cary NC 27512

Schedule for upcoming Area 51 events:

Spring Into Action Conference	Saturday February 7th 2026 Sanford, NC
Freedom From Bondage	March 20th-22nd 2026 Aberdeen, NC
Eastern Pre-Conference	Saturday April 11th, 2026 Morehead City, NC